

A Noble Life

Ensuring People with Disabilities DREAM IT. LIVE IT.



Noble
Dream it. Live it.™

August 2025

Learning 'First Steps' at a Time



Ameris quietly sits on the lap of Developmental Therapist Donita Murphy-Hughes. As she sings "Wheels on the Bus," Ameris excitedly makes the hand motions. He claps and flashes a brief smile before settling down to work on a wooden puzzle.

At two and a half, Ameris can't use words to express his thoughts and feelings. Instead, he vocalizes, points and often gets frustrated. "I wish I knew what he

was saying," his mom Ashley notes, adding that then she has to remind herself of the progress he's made. Just a year ago, he was completely nonverbal, she says. He cried much of the time and wouldn't maintain eye contact.

He's come a long way, thanks to his family and his First Steps early intervention team through Noble. His occupational, physical and developmental therapists have helped him learn to focus on activities, use some sign language and follow simple instructions. Although he isn't able to verbalize it, it's obvious he has a lot to say. And when he transitions to developmental preschool at age three, he'll be ready to learn even more.

Noble Receives IBJ Nonprofit Excellence



On August 5, Noble was honored as a distinguished nonprofit in **IBJ's Nonprofit Excellence Awards!**

We are so proud to receive this recognition from among the nearly 100 nominations submitted during this inaugural awards year. It is a testament to the work we do every day—supporting individuals with disabilities and strengthening our community through compassion, innovation and inclusion.

Congratulations to all the **organizations honored**, and thank you to IBJ for spotlighting the impact of nonprofits across Indiana.

Enjoying the Lazy, Hazy Days of Summer



Summers are meant for lazy days by the water and long-awaited road trips. After doing a little research on accessible routes, Kala and her Direct Support staff Kathy Williams spent a fabulous day at the Indiana Dunes.

Despite not finding any shells, they enjoyed climbing the dunes in a mobile chair designed for the sandy conditions and took lots of pictures of Kala exploring it all. To beat the heat, they hung out at the beach and snacked on fresh fruit and lemonade. When they were ready for some shade, they traveled around the state park before catching pizza on the way back home.

“There was a moment of pride for me when I saw Kala easily maneuvering through the sand with a mobile cart to travel about the dunes!” says her mom Renee.

Join Us for Our Noble Art Open House



Each day we're seeing more signs of Noble Art coming to life in Speedway: walls framed out, drywall going up, insulation tucked into the ceiling. We can't wait to share this inspiring space with you so please join us:

Noble Art Open House
Thursday, October 30
Noon - 4 pm
5011 W. 16th Street, Speedway

In the meantime, check out the latest video updates:

- [Construction Installment 4](#)
- [Construction Installment 5](#)

Follow us on social media to see more in the coming weeks!

Movin' and Groovin' the Pounds Away



To see Greg now, you might not realize how far he's come in the last couple years. Back then, he was heavier & not in the habit of exercising regularly. That changed with the introduction of some new activities in Noble's Day Services.

Each morning at Noble Tibbs, individuals circle their chairs around a large screen so everyone can see. As pop tunes play in the background, Greg & his fellow clients stomp their feet & wave their arms to the beat for 45 minutes. Chair Yoga, as it's known, is a hit.

Clients like Fay also enjoy it. After she fell at home late last year, she had a hard time rehabbing from her injuries. Chair yoga has been key to her recovery because it allows her to exercise despite needing a walker to get around. Plus, she says it makes her feel strong.

She also likes to join Greg & the others after lunch for Walking Club. Each day, they meet outside for an hour to enjoy the fresh air. If the weather doesn't permit, they have a path around the inside of this large building. Either way, 8 laps equal a mile—something that both the clients & staff track. Medals are given when they hit key milestones like 25 miles.

Like Fay, Greg has also become much healthier with this pattern of daily exercise. Over the last two years, he has lost 40 pounds — a milestone that reflects not only physical progress but his personal determination to live a healthier life.



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