

Adolescence: Helping You & Your Child Survive Puberty



There's no getting around it. Your child is growing up. This is a natural, normal part of life, but knowing that may not make it any easier. Surviving puberty with a typically developing teen can be tough—but what's it like when you have a child with IDD? Parents often have questions like:

- How do I talk to my child about the changes they're going through?
- Are these new behaviors I'm seeing because of puberty?
- How do I help my child understand what is and what is not appropriate?

Join us for this interactive session led by **Indiana Family to Family's** Director of Training and Special Initiative **Christine Hennessy** as she leads us through some of the information you need to know on how to help your child (*and your family*) navigate this next phase of life. Bring your questions, and together we will brainstorm strategies on helping you and your child survive puberty!

Sept. 22, 2022

11:30 am - 1 pm

Via Zoom

FREE!

RSVP to Receive the Link

Our Presenter

Christine Hennessy is the Director of Training & Special Initiatives at Indiana Family to Family. In that role, she represents the parent experience on workgroups, coalitions & grant-funded research projects aimed at informing program development, training & quality improvement for clinical & non-clinical systems of care. She also oversees training & sits on committees devoted to policy change, advocacy & improving the lives of Indiana families. Prior to INF2F, Christine spent 15+ years serving children & adults within the Indiana Medicaid Waiver Program. Her first-hand experience comes with having a husband and 2 sons.



RSVP Today

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