



An Introduction to Indiana's Medicaid Waiver Program for Home and Community Based Services



What are Medicaid Waivers?

- ◆ Medicaid Waivers allow Medicaid to fund supports and services for children and adults with disabilities in their family homes or communities instead of institutions.
- ◆ Medicaid Waivers allow an individual to use traditional Medicaid services AND the additional services available under a waiver.

What Medicaid Waivers are available in Indiana?

Developmental Disabilities Waivers

Provide home and community based supports for individuals who have intellectual or other developmental disabilities, including autism.

1. Family Supports Waiver (FS Waiver)
 - Capped annual budget for services is \$16,545.
 - Waiting list is maintained by the Bureau of Developmental Disabilities Services.
2. Community Integration and Habilitation Waiver (CIH Waiver)
 - The level of services available is based upon the individual's level of need and living situation.
 - Consideration for the CIH Waiver is made on an individual basis in situations that include:
 - ◆ Loss or incapacitation of the primary caregiver
 - ◆ Living with an aging primary caregiver age 80 or older
 - ◆ Aging out of a residential placement for children
 - ◆ Health and welfare is threatened in current living situation
 - ◆ Moving from a nursing facility or group home
 - ◆ Other emergency or crisis situations

Skilled Nursing Care Waivers

1. Aged and Disabled Waiver (A&D Waiver)
 - Provides home and community based supports as an alternative to care in a nursing facility for persons of all ages with a disability.
2. Traumatic Brain Injury Waiver (TBI Waiver)
 - Provides home and community based supports for individuals who have had a traumatic brain injury and who would require institutional care without these services.

Waiting lists are maintained by the local Area Agency on Aging.

How do you qualify?

- ◆ If you are over 18, you must qualify for Supplemental Security Income (SSI). Individuals who qualify for SSI will automatically be found eligible for Medicaid. If you are under 18 and do not financially qualify for SSI, a separate eligibility determination for Medicaid Waiver services will be made once you are targeted for the waiver.
- ◆ Your family income and assets are NOT counted to determine eligibility for children under 18; however, assets or income in the child's name ARE counted. For those older than 18, only the individual's income and assets are counted.
- ◆ You must require the type of care that ordinarily would be provided in a Medicaid-funded facility, such as a nursing home, large residential facility or group home.

for Home and Community Based Services

Where do you apply?

- ♦ Adults and children with intellectual or other developmental disabilities: Obtain the number for your local Bureau of Developmental Disabilities Services (BDDS) office by calling 800-545-7763.
- ♦ Adults and children with medical needs requiring skilled nursing care/TBI: Obtain the number for your local Area Agency on Aging by calling 800-986-3505.
- ♦ If you need assistance in completing the application, contact The Arc at 317-977-2375 or 800-382-9100 and ask to speak to a Family Advocate.



How long will you have to wait for services?

- ♦ There are waiting lists for the Family Supports Waiver, A&D Waiver and TBI Waiver. The length of time that you may have to wait is due in part to the availability of state and federal funds. However, it is important to apply even if you do not immediately need services. Applying is an important part of the process in planning for the future of your loved one.
- ♦ The state has created a Waiting List Web Portal to check your status on the Family Supports Waiver waiting list and keep your information updated.
- ♦ To access the Waiting List Web Portal visit: www.in.gov/fssa/ddrs/4328.htm.
- ♦ You should periodically check the portal to verify that your information is correct. If you do not have access to the Internet, contact your local BDDS office by calling 800-545-7763.
- ♦ Always keep paperwork in a safe place, including a copy of your original application and application date. If you have questions or need assistance, contact The Arc of Indiana at 317-977-2375 or 800-382-9100 and ask to speak to a Family Advocate.

What other supports are available to people with disabilities?

- ♦ Medicaid
- ♦ Health Insurance/Medical Supports
- ♦ Caregiver Support
- ♦ First Steps
- ♦ Early Childhood Education
- ♦ Special Education
- ♦ Vocational Rehabilitation
- ♦ Supplemental Security Income (SSI)
- ♦ Medicaid funded group homes
- ♦ Natural Supports and Community Programs

Family Supports & Community Integration and Habilitation Waiver

(ICF/DD Level of Care)

Eligibility: Must meet ICF/DD level of care. An ICF/DD is a facility specifically licensed to care for people with developmental disabilities. In Indiana, group homes for 6-8 people may be licensed as an ICF/DD. Large facilities for 15 or more people may also be licensed as an ICF/DD. The income and resources of an adult or child (under 18) receiving waiver services ARE considered in determining financial eligibility. Parental income and resources for children under 18 is NOT considered. Medicaid financial eligibility for individuals receiving waiver services is based on 300% of the Supplemental Security Income (SSI) maximum. As of January, 2014 the SSI maximum income is \$721 per month, making Medicaid Waiver financial eligibility \$2,163 per month.

Waiver Services (examples)

Supported Employment	Respite
Participant Assistance and Care	Behavioral Support
Community Habilitation	Therapies
Residential Habilitation (CIH)	Adult Day Services
Case Management	Transportation

Aged and Disabled & TBI Waiver

(Nursing Facility Level of Care)

Eligibility: Must meet nursing facility level of care. The income and resources of an adult or child (under 18) receiving waiver services ARE considered in determining financial eligibility. Parental income and resources for children under 18 is NOT considered. Medicaid financial eligibility for individuals receiving waiver services is based on 300% of the Supplemental Security Income (SSI) maximum. As of January, 2014 the SSI maximum income is \$721 per month, making Medicaid Waiver financial eligibility \$2,163 per month.

Aged & Disabled Waiver Services (examples)

Adult Day Services
Attendant Care
Assisted Living
Case Management
Homemaker Services
Nutritional Supplements
Respite
Transportation

TBI Waiver Services (examples)

Adult Day Services
Attendant Care
Behavior Management
Residential Habilitation
Respite
Supported Employment
Transportation
Therapies

State and Federal Agencies

**Family and Social Services
Administration, (FSSA)**
www.in.gov/fssa

Division of Disability & Rehabilitative
Services (DDRS)
800-545-7763

Bureau of Developmental Disabilities
Services (BDDS)
800-545-7763

Statewide Waiver Ombudsman
matt.rodway@fssa.in.gov
800-622-4484

Vocational Rehabilitation Services
(VRS)
800-545-7763

Division of Aging
888-673-0002

First Steps (Early Intervention 0-3)
www.firststeps.in.gov
800-441-STEP (800-441-7837)

State Department of Education (Early Childhood and Special Education)
www.doe.in.gov
317-232-6610

Indiana Protection and Advocacy Services (P&A)
www.in.gov/ipas
800-622-4845

Social Security Administration
www.socialsecurity.gov/disability
800-772-1213



Health Insurance/Medical Supports



Health Insurance Marketplace
www.HealthCare.Gov
800-318-2596

Medicaid
www.in.gov/fssa/2408.htm
800-457-8283

Healthy Indiana Plan
www.in.gov/fssa/hip
877-438-4479

Children's Special Health Care Services
(CSHCS)
www.in.gov/isdh/19613.htm
800-475-1355

CHOICE / State funded home and
community based supports
www.in.gov/fssa/da/3508.htm
888-673-0002

WIC
www.in.gov/isdh/19691.htm
800-522-0874

The Arc Insurance Project can provide information and guidance regarding health insurance. Contact us at 317-977-2375, 800-382-9100 or thearc@arcind.org

Advocacy Groups & Disability Organizations

The Arc of Indiana
www.arcind.org
800-382-9100

Self-Advocates of Indiana
www.saind.org
800-382-9100

About Special Kids
www.aboutspecialkids.org
800-964-4746

Autism Society Indiana
www.autism-society.org
800-609-8449

Best Buddies
www.bestbuddiesindiana.org
317-436-8440

Down Syndrome Indiana
www.dsindiana.org
888-989-9255

Family Voices
www.fvindiana.org
317-944-8982

Governor's Council for People with Disabilities
www.in.gov/gpcpd
317-232-7770

INARF
www.inarf.org
317-634-4957

Indiana Institute on Disability & Community
www.iidc.indiana.edu
812-855-6508

Special Olympics Indiana
www.specialolympics.org
800-700-8585

INSOURCE
www.insource.org
800-332-4433

United Cerebral Palsy Association of
Greater Indiana
www.ucpaindy.org
317-632-3561

Natural Supports and Community Connections

In addition to applying for government funded services, including applying for Medicaid Waivers, it is also important to explore what is available in your community that may provide help and supports – what are often called “natural supports.”

So what are natural supports? Natural supports are the relationships that occur in everyday life. Natural supports usually involve family members, friends, co-workers, neighbors and acquaintances. Individuals with intellectual and developmental disabilities often need help in developing these connections, but once they do these “natural systems of support” become an important part of their life in the community.

For example, being involved in a YMCA swimming program, community center arts class, or worship services may lead to friendships and connections that last far beyond the actual event. Overtime, these connections can help an individual build a strong community network and support system.

Some ways to build natural supports include:

- ◆ **Participate** in community activities and projects - *Help out on a “Clean City Day” collecting recyclables. Join in “A Day of Caring” where groups help out in projects throughout the town or city.*
- ◆ **Join** groups and clubs - *Check out groups for people with disabilities such as Special Olympics and Best Buddies, as well as groups and clubs open to people of all abilities in your community. If you are in school, get involved in extracurricular clubs and youth groups like boy scouts or girl scouts, sign up for summer camps.*
- ◆ **Socialize** with family and neighbors.
- ◆ **Explore** work opportunities - *Think about what you like to do. Visit work sites where people do things that interest you. Find out if you can work as an intern or volunteer to see if you like that kind of work.*
- ◆ **Attend** church and faith based activities outside of traditional worship services.
- ◆ **Volunteer** - *Love animals? Volunteer at the Humane Society. Like to help others? Volunteer at a food pantry. Like sports? Volunteer at a Boys & Girls Club.*

How can you help others strengthen their natural supports?

- ◆ Listen carefully and help individuals discover and express their interests and talents.
- ◆ Learn more about activities individuals are already involved in and explore ways connections can be strengthened.
- ◆ Make a list of community resources that fit the individual’s interests.
- ◆ Help individuals explore their communities to find activities and resources that fit their interests.
- ◆ Encourage and help individuals attend social or community activities.
- ◆ Ask others for ideas and help.

Get Started!

Natural Supports in Your Community

(SAI) Self Advocates of Indiana

www.saind.org

Special Olympics Indiana

www.soindiana.org

Best Buddies

www.bestbuddiesindiana.org

AKtion Clubs

www.aktionclub.org

Local Support Groups

School Clubs

Extracurricular Activities

Summer Camps

Innovative College Programs

www.thinkcollegeindiana.org

Faith-based Organizations

Community Centers

Parks and Recreation Programs

YMCA

Boys and Girls Clubs

Volunteer Organizations

Human Society, Food Pantries, Recycling Programs, etc

Libraries

Museums

4H/Purdue Extension

Service Organizations

Elks, Lions, Rotary, Kiwanis, Sertoma



For people with intellectual
and developmental disabilities

Our Programs and Services

Achieve with us.

The Arc of Indiana was established in 1956 by parents of children with intellectual and developmental disabilities who joined together to build a better and more accepting world for their children. We are affiliated with The Arc of the United States and are proud to work with our local chapters and organizational members.

Public Policy Advocacy

Through volunteers and staff, The Arc has a full-time presence at the Indiana State House, and as an affiliate of The Arc of the United States, in the halls of Congress.

The Arc Master Trust

The nation's premier special needs trust for over 25 years, The Arc Master Trust serves Hoosiers of all disabilities.

The Arc Advocacy Network

The Arc Advocacy Network provides information, referral and advocacy in the areas of understanding and applying for government programs, developing community connections and natural supports, accessing vocational rehabilitation and creating career pathways, increasing knowledge of health insurance issues, transitioning to a Medicaid Waiver funded residential program, and becoming a self-advocate and connecting with Self-Advocates of Indiana.

The Arc Development Group

The Arc of Indiana established The Arc Development Group, LLC (ADG) to develop business ventures that provide training and employment opportunities for individuals with disabilities. ADG's first project was to establish Works of Arc, www.worksofarc.com, an online art gallery and store featuring the work of artists with intellectual and developmental disabilities. ADG is developing a Training Institute and Teaching Hotel in Muncie, Indiana that will employ people with disabilities and provide postsecondary education and entrepreneurial opportunities for people with disabilities.

COVOH Decision Lab

The COVOH Decision Lab is a state-of-the-art, computer-supported meeting space that allows users to share ideas via linked computers to reach group goals.

Membership

When you are a member of The Arc you belong to and support a respected local, state and national association committed to people with intellectual and developmental disabilities and their families.



We're Here to Help

- Call 800-382-9100 or 317-977-2375
- Email: the.arc@arcind.org
- Visit www.arcind.org
- Join The Arc of Indiana on Facebook
- Follow us on Twitter @TheArcIN
- Listen to our podcast—www.arcind.org/AViewfromMyWindow

The painting featured on the cover, "The Sun Always Comes Out," was created especially for The Arc by artists at Studio OTB's Summer Art Camp. Learn more by visiting www.otbonline.org.