



# Developmental Checklist



Below are general guidelines about a child's development. If you have concerns about anything your child is doing or not doing, please talk with your child's physician, or email [bathompson@kidsonlyinc.com](mailto:bathompson@kidsonlyinc.com) or call us at 317-329-1000.

## 0-1 Month

- Turns head in direction that cheek is touched
- Startles easily in response to loud noise
- Turns head from side to side when lying on tummy
- Shows gains in height & weight
- Able to suck and/or swallow easily

## 3-4 Months

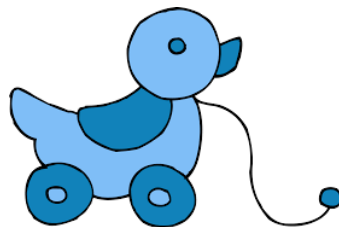
- Rolls from stomach to back
- Makes sounds other than crying
- Holds a rattle & smiles
- Shows gains in height and weight
- Turns head toward bright light and color

## 4-6 Months

- Rolls from stomach to back & back to stomach
- Reaches for & grasps objects
- Moves toys from hand to hand
- Balances while sitting for a few seconds
- Smiles in response to others

## 6-9 Months

- Creeps forward on tummy by moving arms & legs
- Plays pat-a-cake & peek-a-boo
- Sits independently
- Turns head to locate sounds
- Babbles & laughs out loud



## 9-12 Months

- Pulls to a stand
- Picks up small objects
- Walks with both hands held
- Waves "bye-bye"
- Imitates simple sounds
- Plays with parents/siblings
- Able to sit on own
- Crawls or creeps on hands & knees

## 12-15 Months

- Says words besides *Ma-ma* and *Da-da*
- Walks without help
- Drinks from glass or cup with help
- Picks up small objects
- Takes turns rolling ball

## 15-18 Months

- Looks at picture books & turns pages
- Feeds self with spoon
- Likes to push, pull & dump things
- Walks without support
- Tries to talk & repeat words
- Shows emotions like happy or sad
- Shows needs by grunting & pointing
- Uses spoon but spills

## 18-24 Months

- Uses two- and three-word sentences
- Carries objects when walking
- Shows affection, offers hugs and kisses
- Says "no" often
- Chews small bites of food
- Actively plays with toys
- Understands simple directions like *Give me the ball*
- Points to nose, eyes, hair and mouth
- Kicks a large ball
- Has about 20 words/signs in vocabulary

## 25-30 Months

- Eats alone
- Runs well
- Gives first name when asked
- Enjoys scribbling
- Enjoys playing with other children
- Uses words together like *Go bye-bye* or *More juice*
- Turns a door knob or unscrews lid
- Enjoys being read to
- Throws a ball forward

## 30-36 Months

- Expresses self in three-word sentences
- Repeats common rhymes
- Jumps in place
- Copies a circle
- Washes and dries hands
- Says first name when asked

